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WHAT IS CLAIMED IS

1. A polybenzazole article superior in light resistance, which comprises a polybenzazole and a light-resisting agent that allows for a regular reflectance of the article of not more than 30% in not less than 30% of the wavelength region of from 450 nm to 700 nm.

- 2. The polybenzazole article of claim 1, wherein the light-resisting agent allows for a regular reflectance of the article of not more than 20% in not less than 10% of the wavelength region of from 450 nm to 700 nm.
- 3. The polybenzazole article of claim 1, which has a strength of not less than 35 g/d.
- 4. The polybenzazole article of claim 1, wherein the light-resisting agent comprises an oxidation dyestuff compound.
 - 5. The polybenzazole article of claim 1, wherein the light-resisting agent comprises an aromatic amine or a phenol.
 - 6. The polybenzazole article of claim 1, wherein the light-resisting agent is contained in a proportion of 0.01 to 20% by weight of the article.
- 25 A method for producing a polybenzazole article superior in light resistance, which comprises extruding a polybenzazole solution and adding a light-resisting agent to the article after extracting a solvent and before drying
- 30 8. The method of claim 7, wherein the light-resisting agent is added to the article within a time period of 10 minutes.